



2016-2017

Sponsored by the East Windsor Parks and Recreation Department

Wrestling is a foundational sport!

*Balance Agility Coordination Flexibility Strength
Speed Toughness Endurance Discipline Confidence
FUN!*

**Wrestling is a diverse sport - boy and girl youths of any size or athletic ability
have an opportunity to participate**

INFORMATION:

Grades 3-8 both Boys and Girls welcome.

The season runs from December 13th to March 16th

Practices Tuesday & Thursday evenings 6-7:30PM

East Windsor High School Auxiliary Gym

76 South Main St, East Windsor

The program will follow the EW School calendar

Cost: \$50/youth – participants will be enrolled in and eligible for all USA Wrestling events

Signups online with the Parks and Recreation Online Portal or Paper registration can be
Downloaded at www.eastwindsorct.com

**Mandatory PARENT informational session will be held on Tuesday November 29th
6:00 p.m at East Windsor High School Auxiliary Gym**

Sport specific questions can be directed to

EWYW@yahoo.com

Call our office at 860-627-6662 for registration questions.